

Assignment module 3 Personal Leadership Plan



Step-by-step Plan La Fontaine Training, Coaching & Consultancy

Necessities

- Pen, paper, markers
- A (digital) Personal Leadership Plan (PLP) form
- Rest and inspiration
- Time

1. What can a PLP (Personal Leadership Plan) mean to you?

A PLP is a guideline that helps make apparent what you want to develop in the coming period and how you will do that; how you can focus on the insights and results from the training **'Me, Myself and I ... take control of your own happiness'** in a sustainable and methodical manner.

Insight into where you are right now and the direction in which you want to develop (the desired situation) is a wonderful thing. If you do not have this insight, you also cannot focus on it. All too often, this is where things end.

Do you really want more?? Then take the next step and spring into ACTION!

"If you do what you did, you get what you got!"

In order to write a PLP in an inspiring way, we have established the following steps for you. It is important that you relax and take your time instead of rushing and trying to finish as soon as possible. Remember, we are talking about your future here!

Tips!

- take your time
- answer the questions from your own perspective
- dream and inspire yourself
- challenge yourself to answer the questions as extensively as possible
- set a period between now and the next two years

2. Make it concrete

Where are you right now?

The starting point is your current situation. If you have mapped this for yourself, you can use this to take the next step and look at your future (among other things, use the results from the 9-month assignment for this). The following questions will help you in each step.

3. Wait

You have now taken stock of your current situation. Compliments!

Take a moment to reflect on what you have written down. Wait two days before returning to the document so that you can look at it from a different perspective.

Is it correct, are there things that should be done differently or that are at odds with each other?

Do not adjust your answers but write down your conclusions.

Note:

You can 'basically' write down this exercise, but you can also use (digital or paper) mood boards and mind maps!

4. What would you like?

This step will give you insight into what your future should ideally look like. So, the direction you want to gear your development to.

5. Make it SMART(i)

Next, make these conclusions SMART(i): **S**pecific, **M**easurable, **A**chievable, **R**esults-focus, **T**ime-bound and **I**nspiring. Ensuring that it meets SMART offers the greatest likelihood that you will actually get to work on this. But make sure it is inspiring as well!! This is about personal leadership and Happiness!! And that's fun! Organise your own party!

6. Write your PLP

Then fill in the PLP form using your findings and SMART conclusions. Keep it inspired by outlying the bigger picture: this is what I want to achieve, I live my life or do my job based on these convictions. What I do and who I am fit together in this and that way. Doing so makes your plan come alive, shows vision and lives up to the name Personal Leadership Plan!

Good luck and Enjoy!



Personal Leadership Plan

Name:

<i>What are your personal goals?</i>	<i>What are the obstacles preventing you from achieving them? How will you benefit from this?</i>	<i>Which actions will you undertake to still realise them?</i>	<i>When will you do this? (Time, period)</i>	<i>How will you benefit from this?</i>
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